



KEMCAANA

5th Annual Retreat

March 19-21, 2010 • Hyatt Regency Baltimore on the Inner Harbor



KING EDWARD MEDICAL COLLEGE ALUMNI
ASSOCIATION OF NORTH AMERICA



Welcome



Malik Rehman, MD, FCCP



Naseem Khan, MD

We are honored and delighted to be hosting the 5th KEMCAANA retreat in Baltimore . On behalf of the entire host committee I would like to welcome you all. Many activities have been arranged during this wonderful and eventful period. Friday prayer service will be offered in the hotel followed by class reunion lunches as desired. I hope all of you will join us and enjoy the Baltimore Harbor Spirit cruise. This will be followed by our time honored tradition of Mushaira.

On Saturday we will have CME starting early in the morning, strategic session and enough time on the same day to take the time to visit exhibits. In the evening a sit-down dinner with a program including updates of KEMCAANA activities will be in order. This shall be followed by a lovely music program.

On Sunday morning I would like to invite you all to enjoy a traditional Pakistani breakfast.

There are plenty of attractions in Baltimore in general and in particular, right across our hotel which include shopping, a visitor center, the nationally renown Maryland Science Center with a large IMAX screen, paddle boats; and last but not least the world famous Baltimore Aquarium. Baltimore is also a home for sports fans with the Baltimore Ravens and Orioles, two major sport teams.

We consider all of you our personal guests and will be available to assist you in any way. We are extremely honored to be your host in this event.

Thanks Sincerely

Malik Rehman, MD, FCCP
Chair Host Committee
410-382-9420

Naseem Khan, MD
Co Chair Host Committee
410-599-7111

HOST COMMITTEE



Sitting (L to R) Drs. Shahida Siddiqi, Naseem Khan, Malik Rehman, Masood Akbar, Atya Khan, Mrs. Asfa Butt.
Standing (L to R) Drs. Syed Akbar Sadiq, Sohail Qarni, Anwar Mumtaz, Khurram Hanif, Zahid Butt, Tariq Khan.



2010 Executive Council

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Khalid Aziz, MD
 Office 910-728-0532

Message From The President



Dear Kemcolians,

Assalam O Alaikum! With great pleasure and anticipation, on behalf of the Executive Council and the Host Committee for the Retreat, I welcome you all to Baltimore. This social gathering enables reinforcement of old friendships and creation of new relations. This is a venue where we share our memories, experiences and dreams with our friends, at the same time carrying out progressive work to help fellow Kemcolians and our Alma Mater.

The local host committee has worked very diligently for the past 6 months to bring us a most memorable and exciting meeting. We have planned 4 hours of CME followed by an afternoon brainstorming session. We request all of you to participate in this very important strategic session and would welcome new ideas to improve the education facilities at KEMU and come up with more projects to help the upcoming students. We would also appreciate your input as to how we could serve our membership better and strengthen KEMCAANA in the future.

We have all been blessed to have achieved so much – both individually and, collectively, as an alumni organization. I truly believe that it is our duty to provide whatever assistance we can to facilitate the success of the coming generation through the knowledge we have gained and the many resources available to us. To that end, elevating the standard of education and improving the quality of health care delivery remain critical aims and objectives of KEMCAANA.

I would like to thank the Host Committee for their efforts in putting together what promises to be a memorable retreat. The team and I have enjoyed working together and we hope that all of you will join us, along with the Executive Council, in furthering the cause of KEMCAANA.

I wish you a very enjoyable and memorable weekend in Baltimore.

M. Masood Akbar, MD
 KE 1973
 President KEMCAANA

KEMCAANA MISSION STATEMENT

Reaching Out

Giving Back



Changing Lives

Through

Education • Research • Service



KEMCAANA *Retreat 2010*

KEMCAANA RETREAT SCHEDULE

March 19-21, 2010 • Hyatt Regency Baltimore on the Inner Harbor

REGISTRATION – Friday, March 19, 2010 • 9:00 am to 4:00 pm

Friday, March 19

- Friday Prayer 1:00 pm
Ballroom Level
- Baltimore Spirit Cruise – Inner Harbor 6.30–9:30 pm
Please assemble at 6.00pm, Ballroom Level Hotel Lobby
Dinner on the cruise
- Grand Mushaira..... 10:00 pm – 1:00 am
Open and free to all Constellation Room A
Ballroom Level

— Baby sitting available during above events —

Saturday, March 20

- Continuing Medical Education 8.00 am – 12.30 pm
4 Hours of AMA Category 1 Constellation Room B
Breakfast and Lunch provided Ballroom Level
- Coffee Break 10:00 am – 10:15 am
- Promotional Presentation 12:15 pm – 1: 15 pm
M. Haseeb, MD, FACC – “St. Jude Medical Innovations”
Spectra Medical Consulting, Kristin Manzi “VAT/ENG”
- Prayer Time. 1:15 pm
- Strategic Session (For all KE graduates) 1:30 pm – 4:30 pm
Moderator: Khalid Riaz, MD, KE 1970
Cofounder of Human Development Foundation
of North America and Chairperson, HDF–Pakistan
*Participate in the process of “Vision for KEMCAANA”
and Institutional Building*
- Exhibits 9:00 am – 5:00 pm
Constellation Room F
Ballroom Level
- Children’s Program 6:00 pm onwards
Ballroom Level

Best Wishes to KEMCAANA

M. Masood Akbar, MD, FACS & Sultan F. Khan, MD, FACS

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Banquet and Entertainment	Constellation A-B
Social Hour	6:00 pm – 7:00 pm
Dinner Program & Entertainment	7:00 pm Onward
Isha Prayer	10:00 pm
Entertainment Program	10:15 pm Onward
Entertainer Kamran Hasan S/O Mehdi Hasan	
Naila Mughal and group	
Photography Session	Ballroom Level
	6:00 pm – 7:00 pm
	10:00 pm – 12:00 Midnight
— <i>Baby sitting available during the event</i> —	

Sunday, March 21

Free Traditional Pakistani Halva Purri Breakfast	9:00 am – 10:30 am
For Registrants	Constellation Rooms Ballroom Level
Promotional Presentation	9:30 am – 10:00 am
Ali Yunus, Assad Asset Management, Inc.	
Strategic Session Follow-up	10:00 am – 11:30 am

Welcoming KEMCAANA to Baltimore Inner Harbor

Malik A. Rehman, MD, FCCP

Diplomate American Board of Internal Medicine and Pulmonary Medicine

Hasan Awan, MD

Board Certified in Internal Medicine

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Dr. Saber, D.D.S.



KING EDWARD MEDICAL COLLEGE

Alumni Association of North America

Wishing all

a successful and productive retreat.

Good luck in upholding and advancing
the values of **KEMCAANA**.

Nasar and Lubna Qureshi

Congratulations to KEMU on 150th Anniversary

SAIMA ZAFAR FOR APPNA PRESIDENT-ELECT 2011 www.saimazafar.com

Strategic Vision

- 1) Focus on short term and long term success of APPNA, developing effective leaders, creating high performance teams and maximizing the potential of our volunteers and members.
- 2) Inspire, challenge and motivate our youth through mentorship programs and internships.
- 3) Arouse a strong sense of organizational purpose, build pride, galvanize members and attract member buy-in
- 4) Provide benchmarks for judging organizational performance
- 5) Develop synergy among committees, Alumni and Chapters
- 6) Set specific and measurable performance targets
- 7) Achieve strategic and financial objectives while pursuing APPNA's core values

SERVICES TO APPNA

As Treasurer APPNA 2009– Decreased budget for Summer meeting entertainment by 50% and Publication by 25%. More than \$140,000 profit

Chair Finance Committee 2009

Member SWDR Committee 2009

Chair Social Welfare and Disaster Relief Committee 2007

Co- Chair Social Welfare and Disaster Relief Committee 2006

Member Election and Nomination Committee 2003

Member Social Welfare and Disaster Relief Committee 2005

Participated in “Day on the Hill” in 2004 for advocacy

Collected \$1.8 Million and completed multiple charity and educational projects:

Services to KEMCAANA and Mayo Hospital

Co-Chair Membership Committee 2008

Member Project Evaluation Committee 2007 and 2008

Member Resource Development Committee 2008

Member Scholarship Committee 2007 and 2008

ADVOCACY

Hosted events with Governor Iowa, Chet Culver and US Senator Tom Harkin for Healthcare law related impact on Physicians

ACADEMIC ACCOMPLISHMENTS

Most Distinguished Graduate 87 KEMC

15 Academic Distinctions Medals

Board certified: Cardiovascular Diseases, Echocardiography, Nuclear Cardiology, Boards in Coronary CT Angiography



CANDIDATE FOR APPNA TREASURER

Asif M. Rehman, MD

FACP, FACC, FSCAI



- Focus on fiscal responsibility, budget neutral meetings and equal opportunity to all chapters to host meetings.
- Encourage distribution of funds to NGO's whose mission is purely service to the poor and without any political agenda or political influences.
- Ensure that appropriate financial procedures are in place and they are in consistent with the current financial laws
- Look for different avenues and financial aids to support our ongoing projects like APPNA SEHAT, Merit and CME programs.
- Guide APPNA's interest to be consistent with our national interests but separate from national politics.
- Support and guide our next generation of physicians.
- Collaboration with other professional groups to strengthen the image and role of Pakistani physicians.

***Congratulations to all Kemcolians on the
5th Annual KEMCAANA Retreat and
150th Anniversary of KEMU***



Treasurer APPNA 2010
Past President KEMCAANA
Past President APPNA Northern California Chapter
Chair APPNA Summer Convention 2009

***Mubasher Rana, MD, FACP
For Secretary APPNA 2011
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